LINEUP & TOPICS



Day 1, Fri, Aug 14

Track 1. Emotional Regulation

Peter Fitzpatrick — Why AI is so well suited for kids with ADHD and Autism (and what to make sure they're not doing with it)

Dr. Melisa Moore — Sleep and mental health

Crista A. Hopp — Pause Before You React: The Truth Behind the Lie

Brendan Mahan — Mental Health & EF

Rosetta Eun Ryong Lee — Executive Functioning in Cross Cultural Conflict

Stephanie Pinto — How to Boost Emotional Intelligence in Kids and Students

Michael McLeod — GrowNOW Internal Skills & Self-Regulation

Emily Hamblin — Emotional Regulation for Neurodivergent Kids (3 Lies to Avoid)

Cynthia Hammer — Why Big Feelings make Sense in Girls With ADHD and Build Executive Function Systems That Work

Track 2. How to help complicated kids

Peter Fitzpatrick — How AI can be the best or the worst tool for managing emotional regulation

Crista A. Hopp — Lying as a Clue: An EF Detective's Guide for Parents

Emily Hamblin — Emotional Regulation for Neurodivergent Kids (3 Juicy Secrets)

Gretchen Wegner — Easy Improv Games to Help Autistic Students Roll With Change

Michael Delman — AI for Neurodivergent Kids: A "Chat" for Parents and Teachers of Middle and High School Kids

Devorah Heitner — Online Privacy, Surveillance, and Misinformation: Learn How to Keep Kids Safe in a Sane Way

Zach Morris — Giving kids the message that their experience makes sense

Caroline Maguire — Helping Neurodivergent Young People Build Friendships Without Masking

Laura Markham — Why Neurodiverse Kids Need a Different Digital Strategy

Track 3. Advocacy

Sarah Kesty — Navigating education: helping your child avoid "work to do work"

Dr. Destiny Huff — Advocating for Access, Not Just Compliance

Liz Angoff — 3 Steps to Self Advocacy for Neurodivergent Learners

Brooke Schnittman — How to Help Your ADHD Student Speak Up for Themselves at School

Julie Skolnick — What to do when Emotion Regulation Gets in the Way of Advocacy

Day 2, Sat, Aug 15

Track 4. Relationships

Stan Tatkin — Building a secure relationship with your child

Sarah Kesty — Giving the “right” amount of support to your child or teen

Peter Fitzpatrick — The right and wrong way to use AI to build stronger friendships

Sarah R. Moore — Why Your Child Pushes You Away When They Need You Most — and How to Rebuild the Connection That Changes Everything

Debbie Reber — How to stay connected to your changing teen

Zach Morris — Creating safety in relationship

Devorah Heitner — Learn Sane Conversation Starters About Tech

Elizabeth Sautter — Rethinking Listening: Beyond compliance and silence

Cynthia Hammer — The Hidden Social Struggles of Girls with ADHD

Caroline Maguire — It’s Never Too Late: Building Friendship Skills at Any Age

Track 5. EF and Schools

Dr. Destiny Huff — When Behavior Is Actually Overwhelm

Shelley Kenow — Get supports written into an IEP or 504

Shelley Kenow — 5 strategies to support EF in the classroom

Gretchen Wegner — Stuck Before Starting? A Fun Way to Help Students Practice Momentum, Not Perfection

Seth Perler - The core EF systems kids need to navigate school on a daily basis

Track 6. Getting stuff done

Edward Coronado III — The Homework Cheat Code Nobody Talks About (part 1)

Sarah Rosensweet — Parenting for growth mindset: 4 big ideas with action steps

Diane Dempster — Help — My Kid Is Stuck. What Do I Do Now?

Elaine Taylor-Klaus — From Idea to Action: A Checklist for the Pieces You’re Missing

Michael Delman — The Ultimate Self-Regulation Tool (and Risk!) for the ADHD Student

Eric Kaufmann — Why Smart Kids Procrastinate: A Simple Framework for Helping Neurodivergent Kids Get Started

Sam Young — Executive Function Success: How To Build A Can’t-Help-But-Thrive Task Management System Using AI To Help Your Bright Child Achieve & Feel Good!

Mark Taylor — How to Get Your Child from Stuck to Started, and Started to Finished — Using Music Lessons as the Example

Day 3, Sun, Aug 16

Track 7. Brain & Body

Stan Tatkin — How Community Influences Brain Development
Dr. Melisa Moore — Sleep in Kids with ADHD
Emily Hamblin — Essential Ingredients for Emotional Regulation in Neurodivergent Kids
Alisha Grogan — How to Calm with Quick Movements Your Kid Can Do Anywhere!
Christopher Willard — Mindfulness and EF Background
Christopher Willard — Mindfulness and EF Practices
Penny Williams — The Biology of Learning
Alisha Grogan — Build EF Skills with This Do-Able Sensory Strategy
Mark Bertin — Flourishing with ADHD: Building a Foundation of Resilience, Compassion, and Emotional Regulation in ADHD Care

Track 8. Building EF Systems

Jill Stowell — Building attention
Sarah R. Moore — Why EF Strategies Fail When Your Child Is Dysregulated
Justin Brown-Woods — Best money management system for children who need support with executive functioning
Julie Skolnick — How to Put the FUN in Executive FUNctioning
Devorah Heitner — Learn a balanced view of the role of Technology, to ultimately support EF in kids
Laura Markham — Digital Apprenticeship: Preparing Kids for Technology Instead of Just Protecting Them
Sarah Ward — Mastering Executive Function: Strategies for student success
Sean McCormick — Practical strategies for parents to help their children develop executive function skills through visualization and belief-changing techniques.

Track 9. Study Skills

Edward Coronado III — The Homework Cheat Code Nobody Talks About (part 2)
Sarah Kesty — The Summer before College: Steps to Increase Independence
Brendan Mahan — Wall of Awful Homework
Wendy Bertagnole — Beyond “What Do You Want to Be?”
Wendy Bertagnole — Why college acceptance does not equal college readiness
Gretchen Wegner — A Trick to Spice Up Flashcard Studying (and Build Cognitive Flexibility)
Seth Perler - Implementing the 4 stage Homework Routine

Day 4, Mon, Aug 17: Access To All Summit Speakers

All workshops access + Seth’s special webinar: B2S Success Roadmap

Learn the predictable patterns students with Executive Function challenges fall into, and get a clear roadmap for how to navigate the bumps.

Time 5:00 pm Pacific/ 8:00 pm Eastern