TEFOS '26 The Executive Function Online Summit

Hosted By Seth Perler TEFOS26.com

SCHEDULE & PLANNING GUIDE



TEFOS Schedule & Planning Guide

Everything you need to Get the Most Out of your TEFOS '26 weekend

Airs Online Free – **Fri, Aug 14 - Mon, Aug 17**. Starts at 12:00 Midnight Pacific

About Planning Guide

Welcome from Seth Perler! This guide will help you **plan** your **TEFOS Weekend Immersion** into learning about how to support your child's Executive Function. It includes a 1 page printable schedule you can put on the **fridge**. There are also **4 daily schedules** you can use to plan by the **hour**. I recommend you **print** and post these to get the most out of TEFOS.

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🗓️ TEFOS Schedule

Airs Free Online **Aug 14-17, 2026**

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Before TEFOS

Now - August 13

✓ Register Free to save your seat for August 14-17. Invite friends!
✓ Grab the Early Bird Sale on VIP Upgrade at the lowest price.
✓ Join our TEFOS Facebook Group with over 15,000 parents
✓ Follow my @sethperler Instagram for "Behind the Scenes"

August 4–13

✓ You'll get "**10 Days To TEFOS**" Free, my daily welcome gifts, for the 10 days leading up to TEFOS.

During TEFOS

Day 1: TEFOS Begins!

Friday, August 14

✓ Friday morning I'll email your personal link giving you FREE access to the Day 1 Main Speakers. You get to dive into your first group of expert workshops for 24 hours, starting at 12:00am PT or 3:00am ET. Watch in any order. Use the Workbook from the VIP Pass to guide you. (TimeZone Converter)
✓ I always run a big sale this weekend: VIP upgrade is just **$99** ($200 off the normal price of $299)

Day 2

Saturday, August 15

✓ I'll email you free access to the second group of experts, available for 24 hours.

Day 3

Sunday, August 16

✓ Dive into your final group of experts.

Day 4: Bonus Day

Monday, August 17

✓ Get access to ALL **Speakers,** and catch up on any you missed.
✓ The TEFOS summit, and the $99 SALE on the VIP Pass **end** at 12:00am Midnight PT, 3:00am ET.

After TEFOS

The Last Chance Sale, 50% Off

Tuesday, August 18

✓ TEFOS is over, and here's your last chance to get the VIP Pass on sale before it goes back to the normal price of $299, get $100 off = **$199**.
Sale **ends** at 12:00 Midnight PT, 3:00am ET. Afterwards, you can still get VIP at the regular price of $299.

VIP Pass Holders

✅ Keep lifetime access to the entire TEFOS event with all exclusive expert lessons
✅ Lessons for teachers to support EF in the classroom
✅ Parent inspiration videos to give you hope and perspective
✅ Workbook & Printable PDFs, Audios, Transcripts
✅ And more! Learn about the VIP Pass here >

FREE Guests

✅ What's a "Weekend Immersion"?

If you want the benefits of TEFOS, commit to yourself to IMMERSE yourself in the weekend workshops as much as possible, just like you would in an in-person conference. You don't have to watch all sessions, just do your best to take it seriously, as a gift to yourself, and you'll have an incredible experience. And join our private TEFOS Facebook Group to take it to the next level, because the vibe there is positive, hopeful, and full of connection with people who get it! And I personally connect with attendees there throughout the weekend.

✅ Why share?

If you like TEFOS, would you please consider telling people about it today, because word of mouth recommendations are the **best** way to help us get the word out. So if you like what we do please spread the word far and wide! Share these links ExecutiveFunctionSummit.com or tefos26.com.

How To Prep For The TEFOS Weekend

Step 1: Set your intention for the weekend

Close your eyes for a minute and consider what you hope to get out of this weekend. **Imagine** having fun learning as much as possible. Imagine what you will need to have an amazing TEFOS immersion experience: **who** you can learn with, **when** and **where** you can focus, **how** you will set yourself up to learn best. Envision how you will **feel** after it's over next week: perhaps overwhelmed, but thrilled to have fresh new ideas to empower your child, confident with a deep sense of hope, more connected with other great people and resources, excited about new ways to strengthen relationships. Set YOUR intention, YOUR way.

Step 2: Plan Your Times

Use this planning guide (there are daily plan charts below) to plan **realistic** chunks of time to **immerse** yourself in **focused learning**. There are several speakers each day, it' s a lot, just do your best and you'll have an incredible learning experience!

Step 3: Connect

Connecting with other like-minded people is one of the **best** ways to learn. Who can you learn with this weekend? Friends, spouse, local groups, watch parties, people in our private facebook group, my EF-Lab community.

Step 4: Begin Immersion

Wake up refreshed, and when you're ready, set up a good environment to learn. Get ready to take notes, grab a snack, get comfortable, click the free access link in my email, and dive in!

👉 See what you get with the VIP Pass

Schedule TEFOS Day 1, Fri, Aug 14

Directions: To plan your day well, check out today's speaker lineup, and prioritize the **time** you plan to dive into the expert workshops.

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TIME	Topics, Speakers, & Live Events you want to join
6:00am	
7:00am	
8:00am	
9:00am	
10:00am	
11:00am	
12:00am	
1:00pm	
2:00pm	
3:00pm	
4:00pm	
5:00pm	
6:00pm	
7:00pm	
8:00pm	
9:00pm	
10:00pm	
11:00pm	

Schedule TEFOS Day 2, Sat, Aug 15

Directions: To plan your day well, check out today's speaker lineup, and prioritize the **time** you plan to dive into the expert workshops.

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TIME	Topics, Speakers, & Live Events you want to join
6:00am	
7:00am	
8:00am	
9:00am	
10:00am	
11:00am	
12:00am	
1:00pm	
2:00pm	
3:00pm	
4:00pm	
5:00pm	
6:00pm	
7:00pm	
8:00pm	
9:00pm	
10:00pm	
11:00pm	

Schedule TEFOS Day 3, Sun, Aug 16

Directions: To plan your day of immersion, use column 1 to prioritize the order you might want to dive into the workshops.

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TIME	Topics, Speakers, & Live Events you want to join	Notes
6:00am		
7:00am		
8:00am		
9:00am		
10:00am		
11:00am		
12:00am		
1:00pm		
2:00pm		
3:00pm		
4:00pm		
5:00pm		
6:00pm		
7:00pm		
8:00pm		
9:00pm		
10:00pm		
11:00pm		

🎉 Schedule **Bonus Day!** Day 4, Mon, Aug 17

Bonus Day: Monday is a Bonus day, where you will have Free access to ALL expert sessions, so you can catch up on any you missed. To plan your day well, check out today's speaker lineup, and prioritize the **time** you plan to dive into the expert workshops.

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TIME	Topics, Speakers, & Live Events you want to join
6:00am	
7:00am	
8:00am	
9:00am	
10:00am	
11:00am	
12:00am	
1:00pm	
2:00pm	
3:00pm	
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