

Ryan Wexelblatt, About This Session, TEFOS 2021

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SUMMARY KEYWORDS

dads, adhd, understanding, ryan, plain language, learn, share, tailored, correct, important, practical, moms, resonates, encourage, session, speak, perspective, dude

SPEAKERS

Ryan Wexelblatt, Seth Perler

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- S** Seth Perler 00:02
This is Ryan Wexelblatt, I don't know if Zoom is pointing the correct way, and Ryan is the ADHD Dude. Hey, Ryan.
- R** Ryan Wexelblatt 00:09
Hey, how you doing?
- S** Seth Perler 00:11
I'm great. What are we going to learn about in your session?
- R** Ryan Wexelblatt 00:14
Yeah. So I'm going to speak to dads and about understanding ADHD, and how to make life easier at home from a dads perspective. I really want to encourage mothers to watch this as well.
- S** Seth Perler 00:26

— And why might this be important for dads?

R

Ryan Wexelblatt 00:29

Yeah, well, because I think number one, there's not a lot of people who speak directly to dads, and that's something important to me. I found that when moms in my community share the information with dads, it resonates with them. So I think that they'll feel like this is tailored to them.

S

Seth Perler 00:45

And what's one thing that stands out that the dads will learn?

R

Ryan Wexelblatt 00:50

Yeah, I think they'll walk away with a different understanding of ADHD than they've had before, in a more practical understanding that's in really plain language.

S

Seth Perler 00:59

Awesome. Thank you so much. And hey, everybody in TEFOS, we'll see you there. Please share this with somebody so that they can find TEFOS as well. Take care everyone.