



# TEFOS 2019

The Executive Function Online Summit

**Welcome to TEFOS**, The Executive Function Online Summit for compassionate and proactive parents, at [ExecutiveFunctionSummit.com](http://ExecutiveFunctionSummit.com). I'm Seth Perler, your host, and here's the lineup and a few notes. I hope you discover many great insights here that will help you help your child.

Very best wishes,  
Seth Perler ([sethperler.com](http://sethperler.com))

## Notes:

- Feel free to PRINT THIS and use it to track who you have watched.
- All presentations will be available for 24 hours on the link we send you daily, beginning August 23, 2019.
- Each day begins at 8:00 am MST, mountain time, Denver time zone.
- You can watch the presentations in ANY order you want.
- You can adjust the speed of the videos to your liking, click the gear you'll see on the videos.
- For those who want to own the summit, you can purchase the *All-Access Pass* package for \$99 until Saturday 12pm. Then it will be available for \$149 until the end of the summit. Go to the summit homepage if you want to learn more.
- Do not try to do every presentation. Dive into the ones you resonate with and trust the process.



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## TEFOS Friday Lineup

If you want to invite others, they can still join at any time at <https://executivefunctionsummit.com>

Order	EF Expert	Topic
1	Seth Perler	A foundational overview of Executive Function
2	Dr. Stuart Shanker	Self-Reg and Executive Function
3	Dayna Abraham	Sensory Issues and Executive Function
4	Michael Delman	How parents can support EF positively & realistically with great tools
5	Karen Tui Boyes	Practical Study Tips and Habits of Mind
6	Yulia Rafailova	How to parent like a coach
7	Brendan Mahan	ADHD and Executive Function

## TEFOS Saturday Lineup

If you want to invite others, they can still join at any time at <https://executivefunctionsummit.com>

Order	EF Expert	Topic
1	Peter Shankman	ADHD and Executive Function
2	Adrienne Meldrum	Math and Executive Function
3	Dr. Dan Peters	Coping, problem-solving, and resiliency
4	Carly Rae Ellingson	Somatic Awareness
5	Jenna Bee	Taking the SAT or ACT with EF challenges
6	Zach Morris	Trauma informed care and EF
7	Dr. Roseann Capanna-Hodge	Neurofeedback for improving Executive Function
8	Dr. Mark Bertin	Mindfulness and Executive Function



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## TEFOS Sunday Lineup

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Order	EF Expert	Topic
1	Marlo Payne Thurman	EF, giftedness and 2e learners
2	Angela Pruess	Supporting Your Child's Executive Functioning Challenges
3	Dr. William Stixrud & Ned Johnson	The Brain and a Sense of Control with EF
4	Debbie Steinberg Kuntz	How to help 2e, twice-exceptional kids with EF struggles
5	Maria Rickert Hong	BioHacking for Improved EF
6	Patricia Lemer	Lifestyle Choices, Sensory Function and Vision Development
7	Debbie Reber	How to homeschool and support EF challenges
8	Gretchen Wegner	Anti-Boring Approach to Studying
9	Seth Perler	Closing ceremony